

What is claimed is:

1. A skin aging-preventing or improving agent which comprises a substance capable of enhancing the expression level of Rho kinase or myosin light-chain kinase.

2. The skin aging-preventing or improving agent according to claim 1, wherein the substance capable of enhancing the expression level of Rho kinase or myosin light-chain kinase is a plant selected from the group consisting of *Althaeaofficinalis*, *Curcuma longa*, *Actinidia chinensis*, *Gentiana lutea*, *Crataeguscuneata*, *Rehmannia glutinosa*, *Syzygium aromaticum*, *Calendula officinalis*, *Rose canina*, *Petroselinium sativum*, *Hamamelisvirginiana*, *Asiasarum sieboldii*, *Thymus serpyllum*, *Hypericum perforatum*, *Sophora flavescens*, *Cnidium offcinale*, *Zizyphus jujuba*, *Citrus unshiu*, *Angelica acutiloba*, *Fucusvesiculosus*, *Tilia platyllos*, *Humulus lupulus*, *Citruslimon*, *Cassia obatusifolia*, *Magnolia obovata*, *Evodia rutaecarpa*, *Schisandrachinensis*, *Cornus officinalis*, *Atractylodes japonica*, *Digeneasimplex*, and mixtures thereof; or an extract thereof.

3. An expression level enhancer for Rho kinase or myosin light-chain kinase, which comprises a plant selected from the group consisting of *Althaeaofficinalis*, *Curcuma longa*, *Actinidia chinensis*, *Gentiana lutea*, *Crataeguscuneata*, *Rehmannia glutinosa*, *Syzygium aromaticum*, *Calendula officinalis*, *Rose canina*, *Petroselinium sativum*, *Hamamelisvirginiana*, *Asiasarum sieboldii*, *Thymus serpyllum*, *Hypericum perforatum*, *Sophora flavescens*, *Cnidium offcinale*,

Zizyphus jujuba, *Citrus unshiu*, *Angelica acutiloba*,
Fucusvesiculosus, *Tilia platyllos*, *Humulus lupulus*,
Citruslimon, *Cassia obatusifolia*, *Magnolia obovata*, *Evodia*
rutaecarpa, *Schisandrachinensis*, *Cornus officinalis*,
Atractylodes japonica, *Digeneasimplex*, and mixtures thereof;
or an extract thereof.

4. A method for preventing aging of the skin or
improving the skin, which method comprises enhancing
expression level of Rho kinase or myosin light-chain kinase.

5. A method for screening skin wrinkling- and sagging-
improving agents, which method comprises incubating skin
fibroblasts with a test substance, and measuring the amount
of Rho kinase or myosin light-chain kinase expressed in the
fibroblasts.